



## SCHOOL AGE PROGRAM-SNACK MENU

**SCHOOL:**

**SUPERVISOR:**

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<b>AM</b>	cereal milk fruit	yogurt fruit	bagels butter/cream cheese fruit	toast fruit	fruit salad arrowroots
	<b>PM</b>	nachos salsa veggies	veggies dip crackers	yogurt fruit	graham crackers fruit	cookies milk fruit

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 2</b>	<b>AM</b>	cereal mix fruit	cheese apples milk	fruit salad arrowroots milk	waffles milk	bagels with cream cheese fruit
	<b>PM</b>	cheese and crackers veggies	yogurt fruit	pitas hummus fruit	fruit crackers	pretzels fruit milk
			<b>CRACKERS: variety of whole grain crackers (Vegetable thins, Bretons, Ritz, Wheat thins)</b>		<b>CEREAL: Shreddies, Multi-Grain, Cheerios, Corn Flakes, Rice Krispies, Life, Chex, Corn Bran</b>	